

Clubhouse Training

Presentation

Hello! My name is Elon, and I have been a member of Fountain House Stockholm for 3 1/2 year now.

But not to long ago I was born in the north of Sweden, in Lapland, the land of the Nothern Light and the Midsummer Sun. So now you know why I'm such an odd fellow. Please, don't forget to put on your cellular/mobile phone again after this Workshop!

The importance of Clubhouse Training

It's very important to send away members, staff and members of the board to Clubhouse training, because it will increase the quality at your Clubhouse.

Clubhouses that have sent away their members, staff and members of the board to Clubhouse Training has become profile/model Clubhouses, whom other Clubhouses could look up to and follow after. Some of these Clubhouses has become ICCD Education Clubhouses around the world, and they have a very high standard.

If you have many persons at your Clubhouse that have went through the Clubhouse Training program and have a deeper knowledge about the Clubhouse Model and the Clubhouse Standards and that could engage and motivate other members, staff and of the board to obey and maintain the Clubhouse Model until the next time for Certification. They could also teach out about the Clubhouse Model and Standards to new members and other persons at your Clubhouse.

It's also very good to have many persons at your Clubhouse who have a great knowledge about the Clubhouse Model and Standards then you shall do the self-study before the Certification. Because then they could motivate people at your Clubhouse to particpate in the self-study process in the units at your Clubhouse, and if it's the first time you try to get your Clubhouse certified, then they could help to decide then the time is right to do that.

Fountain House Stockholm experiences of Clubhouse Training

In 1995 it had gone so far that Fountain House Stockholm almost get excluded from ICCD, because it wasn't much that worked after the Clubhouse Model or the Standards.

1997 a new Clubhouse Director was employed, namely Bjorn Asplund and he have at least sent away one group each year for Clubhouse Training. Some years then the Clubhouse had a good economy he have even sent away two-three groups to Clubhouse Training. It have been well spent money and that have resulted to that we now among other things have o three year certification. We are probably the only psychiatric rehabilitation program in Sweden together with the other Clubhouses in Sweden that every third year get our quality secured by a certification process. That argument have been very usefull in many different contexts, for instance in discussions with politicians; psychiatric healthcare; conferences and seminars; or then we try to get a new Transitional Employment (TE) employer etc.

My own experience of Clubhouse Training

Finally my own experience of Clubhouse Training. I had never been outside Europe before, mostly because I have never had the economic possibilities for that and also because I have lived with a psychiatric disease for more than the half of my life.

After 36 hour long journey had Johan; a member of the staff; and I arrived to Brisbane, Australia there we should participate in the Clubhouse Training at Stepping Stone Clubhouse.

We get accommodated with two members of the staff from Eureka Clubhouse, Tasmania in a big very luxury four room and a kitchen apartment.

In the fenced housing area you could find a big swimming pool, a jacuzzi, a sauna and a gym.

The second weekend we all went away to Sunshine Beach for finalizing our Action Plans. There we lived in luxury three floor apartments with sea views. I also had time to go for a bush-walking, swim in the Pacific Ocean.

Johan and I also had time to visit Moreton Island, outside Brisbane in the Pacific Ocean. From there we went on to a Whale/Dolphin-safari, but the dolphins were so quick so I didn't have a chance to catch them with the camera.

Why did we choose Stepping Stone Clubhouse?

Because Stepping Stone are very efficient with Transitional Employment and TE-placement among other things. The most difficult thing to fulfill for our Clubhouse is that 25% of our active members who attend each day in average/year should be out on a TE-placement. Next autumn it's time for us to be certified again and just for to be on the safe side we probably need three more members who is out on a TE-placement, because you never know if you will lose a TE-placement. SHIT HAPPENS!

Besides that I get a very good Clubhouse Training, so will I never forget this unforgettable experience to travel to the other side of the world to Australia, on a different Continent, Oceania.

Also to have the opportunity to live in these big luxury apartments for three weeks was very nice compared to mine one room and a kitchen apartment. All these things would be something to tell my grandson then I will see him.

Nowadays I could say that I have been to Oceania on the other side of the world, and then we fly down to Australia we had to make an intermediate landing in Singapore; and on our way back home we had to make an intermediate landing in Bangkok.

So now I also brag about that I have been in Asia too!

